

CONTENT AREA: P.E. 2015-16		CLASS: 5th-6th Grade		
Quarter	UNITS OR THEMES	INSTRUCTIONAL STRATEGIES	FORMS OF ASSESSMENT	STANDARDS
QUARTER ONE	<u>Activities and techniques</u> Class rules, procedures and expectations. Ice breakers. Over and under hand serving, passing. Throwing and catching Route running Mirror and match <u>Themes :</u> Team building Volleyball Football Spatial awareness games Large and small group games	Teacher demonstration Sport specific skill ques Individual feedback skill correction Drills and practice Game rules and field of play	One on one skill review Performance based rubrics Phys Ed standards APPLIES TO ALL 4 QUARTERS	GHCDs Handbook SHAPE America Ready to Use P.E. Activities APPLIES TO ALL 4 QUARTERS
QUARTER TWO	Activities : Passing, dribbling and shooting Serving and returning Themes : Basketball Badminton Pickle ball Spatial awareness games Large and small group games	Teacher demonstration Sport specific skill ques Individual feedback skill correction Drills and practice Game rules and field of play	End of semester written exam	
QUARTER THREE	Activities : FitnessGram Training and Goal Setting Fitness Games Fitness Evaluations	FitnessGram Stations Demonstrations Correction and Feedback Goal Setting, One to One	FitnessGram Evaluations	
QUARTER FOUR	Activities : Throwing, catching, batting, kicking, passing, shooting Front crawl, elementary back stroke, back stroke, breast stroke Water safety Themes : Baseball Soccer Swimming	Teacher demonstration Style specific skill cues Individual feedback Drills and practice Game rules and field of play	American Red Cross	American Red Cross